



DES MOINES



CITY CURRENTS

WINTER 2014

INSIDE

**DM Schools win awards in
Waste Reduction Challenge**


**Program brings fresh fruit and
vegetables to our seniors**

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WINTER 2014

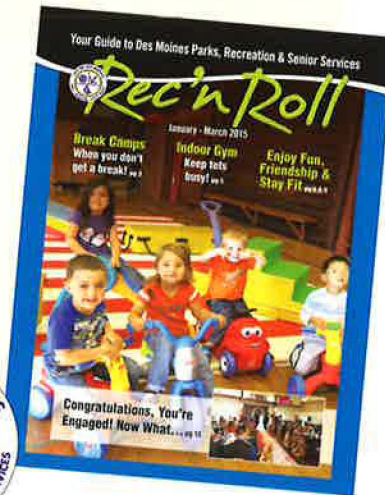
On the flip side...



Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the spring schedule. Don't miss:

- Fun events to make your holiday special
- Sign up for winter leagues
- New Adult Enrichment classes
- Trips and outings near and far - plan now for Mariner's Spring Training!
- **SAVE THE DATE: VEGAS LIGHTS CASINO NIGHT** March 21, 2015
Proceeds benefit Youth Activities.
Call 206-870-7527 for ticket information in January.



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Des Moines 2035 – Community Survey

The City of Des Moines is updating its Comprehensive Plan. The Comprehensive Plan sets the direction for how our community will grow and thrive in the future. As part of the update, we are conducting a short on-line survey to learn what issues are important to our community and identify opportunities to inform public policy changes at the City level. To learn more about the Comprehensive Plan update and to take the survey go to www.desmoineswa.gov and click on "Des Moines 2035."

CITY COUNCIL HIGHLIGHTS

from August-November
Ordinance 1604-1610
Resolution 1273-1279

Held Public Hearings:

- Draft Ordinance No. 14-137: Street Vacation (5th Place South, South of S 287th Street).
- Draft Resolution No. 14-186: First Addendum to the Amended and Restated Second Development Agreement for the Des Moines Creek Business Park.
- Draft Ordinance No. 14-043-A: Tree Regulations.

Approved the Following Actions:

- Draft Resolution No. 14-153-A, Official Naming of the Des Moines Beach Park Heritage Trail to the "Carmen Scott Heritage Trail."
- Interlocal Agreement between the City of Des Moines and the Highline School District for a School Resource Officer at Mt. Rainier High School.
- Interlocal Cooperation Agreement for the Community Development Block Grant Program (CDBG).
- Interlocal Cooperation Agreement for the Regional Affordable Housing Program (RAHP).
- Draft Resolution No. 14-193, Highline School District Capital Bond Measure Proposition 1.
- Consultant Services Contract Addendum with David A. Clark Architects, PLLC for Design Services for the Des Moines Beach Park Historic Dining Hall Rehabilitation.
- Transportation Gateway Project Consultant Agreement Supplement for Construction Engineering and Inspection Services for the 24th Avenue S Improvement Project (S 216th Street to S 208th Street).
- Change Order for the Agreement with Moffatt Nichol for Engineering and Consulting Services for the J Dock Fire Rehabilitation Project.
- Amendments to Title 9 DMMC, the "Criminal Code."
- Draft Resolution No. 14-142, Authorization to Write-Off Uncollectible Accounts Receivable.

- Construction Contract Award and Consultant Agreement for Construction Engineering for the Saltwater State Park Bridge Seismic Retrofit Project.
- Award Dining Hall Rehabilitation Construction Contract.
- City Employee Wellness Program.
- Property Acquisition for S. 251st Slide Repair Project.
- Draft Ordinance No. 14-137: Street Vacation (5th Place South, South of S 287th Street).
- Draft Ordinance No. 14-188, Public Ownership of Environmentally Critical Area Tracts.
- Draft Resolution No. 14-186, First Addendum to the Amended and Restated Second Development Agreement for the Des Moines Creek Business Park.
- Appointments to the Ad Hoc Parks, Recreation and Senior Services Master Plan Advisory Committee.
- Consultant Contract Amendment with Grant Fredricks.
- Re-Allocation of Unexpended 2014 Human Services Dollars.
- Consultant Contract Amendment: BHC Consultants, LLC.
- Stormwater Comprehensive Plan.
- Construction Contract Award for the S 251st Street Slide Repair Project.
- Contract for Senior Activity Center Optional Standby Generator.
- Marine View Drive Rectangular Rapid Flashing Beacon (RRFB) Crosswalk Improvements.
- Interlocal Agreement between the Cities of SeaTac, Des Moines, Covington and Tukwila for Planning, Funding and Implementation of a Joint Minor Home Repair Program.
- Barnes Creek Design-Task Order Assignment.
- Hold Harmless Agreement between the City of Des Moines and Master Police Officer Kevin Montgomery for Transfer of Ownership of Canine "Harley."
- Extended Contract with American Builders Services for Janitorial Services in City Buildings.
- Draft Resolution No. 14-219, Commercial Sexual Exploitation.
- Draft Ordinance No. 14-226, Surface Water Management Utility Tax Increase.

- Draft Ordinance No. 14-228, Utility Occupation Tax Increase for Cable Providers.
- Draft Ordinance No. 14-229, Utility Occupation Tax Increase for Solid Waste Providers.
- One-Time Revenues – Phased-In Expenditure Requirements.
- Collective Bargaining Agreement between the City of Des Moines and the Public, Professional and Office-Clerical Employees and Drivers Local Union No. 763 (Teamsters).

Other Action Taken:

- Groundbreaking Ceremony for the Des Moines Creek Business Park
- Ribbon Cutting Ceremony for 216th and 24th Avenue S Roadway Improvements.
- South King County Gay Pride Day Proclamation.
- Eagle Scout Project Recognition, Chris Powell.
- Ribbon Cutting/Grand Opening of Via Marin Restaurant.
- Held Open House for Redondo Parking Study.

DES MOINES CITY COUNCIL



Dave Kaplan
Mayor



Matt Pina
Mayor Pro Tem



Jeanette Burrage
Councilmember



Melissa Musser
Councilmember



Jeremy Nutting
Councilmember



Bob Sheckler
Councilmember



Vic Pennington
Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays at 7pm**

DES MOINES DIRECTORY

City Hall

21630 11th Avenue South
878-4595

Business Hours

Monday – Friday
8am – 4:30pm

www.desmoineswa.gov



City Council

Dave Kaplan, Mayor DKaplan@desmoineswa.gov
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Jeanette Burrage JBurrage@desmoineswa.gov
Melissa Musser MMusser@desmoineswa.gov
Jeremy Nutting JNutting@desmoineswa.gov
Vic Pennington VPennington@desmoineswa.gov
Bob Sheckler BSheckler@desmoineswa.gov

City Offices

City Attorney	206-870-6553
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	206-870-6522
Facilities Rentals	206-870-9370
Finance Director	206-870-6512
Marina	206-824-5700
Municipal Court	206-878-4597
Parks Administration	206-870-6527
Police Department	206-878-3301
Public Works/Park Maintenance	206-870-6559
Recreation	206-870-6527
Senior Services	206-878-1642

Other Numbers

Emergency	911
Animal Control	206-870-6549
Field House	206-870-6527
Fire (non-emergency)	253-839-6234
Library, Des Moines	206-824-6066
Library, Woodmont	253-839-0121
Police Dispatch (non-emergency)	206-878-2121

Utilities and Services

Century Link	800-573-1311
CleanScapes	206-762-4900
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
SW Suburban Sewer	206-244-9575
Water District #54	206-878-7210

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DES MOINES

**CITY
CURRENTS**

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for the City of Des Moines

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DES MOINES!

Christmas Tree Lighting Christmas Carols Visit from Santa

Friday Dec 5, 6pm

Big Catch Plaza in the Marina District

Enjoy free cookies, hot cocoa & candy canes!

Midway and North Hill Elementary Schools Receive Waste Reduction Awards

City of Des Moines and Recology CleanScapes Partner with King County Green Schools Program

MIDWAY AND NORTH HILL ELEMENTARY SCHOOLS were recognized at the November 13 City Council meeting by the City of Des Moines, King County Green Schools Program, and Recology CleanScapes, and accepted \$2,500 checks for their efforts to increase recycling and reduce waste. The schools were recognized and rewarded for their participation and achievement in the King County Green Schools Program.



Mayor Kaplan stated, "I congratulate North Hill and Midway Elementary Schools, and the Highline School District, for their efforts at recycling. Their reduction of waste contributed to our landfills shows the leadership of the upcoming generation toward a cleaner and greener future."

North Hill Elementary has achieved Level Three status in the Green Schools program. The school has reduced its waste by: requiring that printed paper be double-sided; composting food scraps in a worm bin, which has developed into teacher curriculum; and creating an Ecology Club that monitors recycling rates in classrooms.

Midway Elementary increased its recycling by adding recycling bins to every classroom and school office and creating a milk carton recycling program. These strategies increased Midway's recycling rate to 56 percent during the 2013-2014 school year.

"Schools like North Hill Elementary and Midway Elementary are demonstrating that significant waste reduction is possible with committed teachers and students, a few straightforward, effective strategies, and the support of school officials and parents," said Recology CleanScapes General Manager Dan Bridges. "We are inspired by these schools' efforts and their impressive results, and look forward to working with schools throughout the district to adopt Midway and North Hill's creative strategies."

The \$2,500 awards are part of the City of Des Moines and Recology CleanScapes' Waste Reduction Reward Program, which recognizes neighborhoods and schools for their contributions to decreased trash to the landfill and increased recycling programs.

WELCOME TO THE CITY FAMILY

The City of Des Moines is pleased to announce the newest additions to the city family, **MICHAEL MATTHIAS**, assistant city manager/economic development director, **MAUREEN MURPHY**, the new human resources manager, and **DUNYELE MASON**, the new Finance Director.

"We are very fortunate to have three exceptionally qualified individuals with strong backgrounds in each of their respective areas join our team. We look forward to the new ideas and energy they will bring to the City," said city manager Tony Piasecki.



MICHAEL MATTHIAS comes to Des Moines with demonstrated success in economic development, including serving as economic development manager for the City of Fort Lauderdale, Florida, and more recently leading the effort in redeveloping the historic Olympia

brewery site in Tumwater. In addition, he brings his experience as the town center project manager for the City of Sammamish and as the assistant city manager for the city of Maple Valley. He currently lives in Maple Valley with his 16-year-old son, Michaelangelo. Matthias' academic background includes a master's in International Relations from Cambridge University in England as well as a master's in Applied Economics from the University of California.

"My focus will be on economic development, helping Des Moines realize its wonderful potential, increasing opportunities for local employment, investment, quality development, and assuring that the City has the resources to continue to provide a great quality of life for our residents," said Matthias. "I am delighted to be you, assistant city manager/economic development director,



and look forward to serving the City in my new position."

MAUREEN MURPHY brings with her over 20 years of experience as a human resources professional in the public sector. She has worked for a variety of agencies such as the cities of Puyallup and Lakewood, and most recently as the human resources manager for Kitsap Public Health District. Murphy's experience includes recruitment and selection, compensation and benefits administration, employee and labor relations, and collective bargaining.

Murphy completed her undergraduate degree in Business Administration at Washington State University and her master's in Human Resources Management from Chapman University. Her credentials include certification as a Senior Professional in Human Resources (SPHR). She lives in University Place with her husband, Chris, and 17-year-old daughter, Megan. Murphy is expecting her fourth grandchild thanks to her two grown children, Carl, a senior software engineer for Google, and Sarah, a civil engineer for Pierce County.

Dunyele MASON (not pictured) joins Des Moines with 24 years of governmental finance leadership in a variety of organizations. She is a licensed Certified Public Accountant (CPA) and served as Finance Manager for the cities of Auburn, Pasco and Walla Walla. She has expertise in financial software systems, financial statement reporting and city financial management. Mason lives in Des Moines, has a daughter, Athena, who works as a state auditor in Spokane and a son, Jeremiah who attends Washington State University.



ACTIVITY CENTER COMMUNITY READER BOARD

Visit www.desmoineswa.gov
- How Do I - Post a Message
on the City Reader board
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requirements for posting a
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WEEK 2

FREE

**Food Should
Taste Good
Brand All
Natural Cheddar
Tortilla Chips**

5.5oz bag

Dec 10-Dec 16, 2014



WEEK 4

FREE

**Frozen
Wild Oregon
Shrimp Meat**

¼ pound package

Dec 17- Dec 23, 2014



WEEK 1

FREE

**Wild Harvest
Organic Original
Microwave
Popcorn**

3 - 3oz bags

Dec 3-Dec 9, 2014



WEEK 3

FREE

Reser's Dips

Choice of French Onion,
Ranch or Creamy Clam

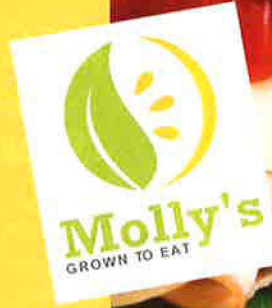
8oz container

Dec 24-Dec 30, 2014



NORMANDY PARK market

Normandy Park Market is proud to be a supporter of products from great local companies like Molly's! Molly's uses fresh local produce, homemade dressings, naturally raised meats and local ingredients to create some pretty amazing sandwiches and salads that you can find in our deli department! Stop by our deli and try some delicious samples!



WEEK 4

**Frozen Wild Oregon
Shrimp Meat**

¼ pound package

FREE



Valid Dec 24-Dec 30, 2014
One coupon per customer.
Valid only at Normandy Park Market

NORMANDY PARK
market

WEEK 2

**Food Should Taste Good
Brand All Natural Cheddar
Tortilla Chips**

5.5oz bag

FREE



Valid Dec 10-Dec 16, 2014
One coupon per customer.
Valid only at Normandy Park Market

NORMANDY PARK
market

WEEK 3

Reser's Dips

Choice of French Onion, Ranch or
Creamy Clam; 8oz container

FREE



Valid Dec 17- Dec 23, 2014
One coupon per customer.
Valid only at Normandy Park Market

NORMANDY PARK
market

WEEK 1

**Wild Harvest Organic Original
Microwave Popcorn**

3 - 3oz bags

FREE



Valid Dec 3-Dec 9, 2014
One coupon per customer.
Valid only at Normandy Park Market

NORMANDY PARK
market



Program provides vouchers for fruit and vegetables to seniors

More fresh, local fruits and vegetables are being consumed by Des Moines seniors thanks to a grant written by Des Moines Farmers Market Foundation and funded by King Conservation District (KCD). Wayne Corey, DMFM Foundation President, submitted a grant to KCD in August 2014 to provide \$10.00 vouchers to qualified seniors to shop for local, healthy fruits and vegetables at the Des Moines Farmers Market. The first vouchers were distributed during the last two market events of the 2014 season and vouchers will resume again in 2015. "We are so grateful and excited for next year," said market regular and qualified senior, PK Dwyer, "we enjoyed several meals from the produce we purchased with the vouchers."


King Conservation District helps residents of King County build better ground by supporting activities that protect and enhance land, water and food in rural and urban areas. Building better ground means that folks all across King County have access to local,

healthy food, know where their food comes from and might even know the people who grow it. "In addition to eating well, Des Moines seniors will have the opportunity to get out and meet the growers right here at the Market", notes Des Moines Farmers Market Manager, Rikki Marohl. Marohl is excited about the Healthy Eating for Des Moines Seniors program, which encourages qualified seniors to purchase fruits and vegetables of their choice directly from market vendors. Marohl added, "We will also be offering rides to and from the Market to voucher holders during the 2015 season." The DMFM Foundation plans to use some of the KCD funds to address the fact that transportation can often be a significant barrier for seniors.

Applications and additional information will be available through the Des Moines Senior Center and Food Bank in spring before the opening of the 2015 Farmers Market season.



Des Moines Beach Park Heritage Trail
"THE BIRTHPLACE OF DES MOINES"



In 1850 Puget Sound was part of the Oregon Territory. Early settlers and homesteaders were far removed from the United States of America, which consisted of 30 states, whose western boundary was in Iowa, (1200 miles away). Wagon trains brought early settlers here along the Oregon trail. The trip took about six months, and you walked beside a prairie schooner most of the way, through dust stirred up by the oxen teams and carts.

Large sailing ships ruled the open seas, but the narrower waters and tides of Puget Sound made maneuvering difficult for them. Steamships were the solution. By the 1860s there were so many wood fired steamships on Puget Sound they were said to look like a fleet of mosquitoes on the water. Hence the name, the "Mosquito Fleet".

For the next 55 years, travel was primarily by steamboats, which transported everything and stopped at all the docks or when hauled from shore. Indian canoes were the fastest means of individual water transportation.

By 1889 the Des Moines City Improvement Company had purchased and platted our small town, were selling building sites, and had:


"built a splendid wharf at a cost of \$1,000, extending out 800 feet, giving the largest deep sea vessels ample facilities and fresh spring water, piped to the end of the wharf and furnished free to all boaters."

The 1889 Wharf was located where our fishing pier is today.

The photo at right, shows the wharf decorated with trees, as piers were named for a summer event.

The inset photo is the "Daring" approaching the Des Moines dock.

Additional Heritage Trail signs are in Des Moines Beach Park "The Birthplace of Des Moines"



Compiled by Carmen Scott, information and photo courtesy of Des Moines Historical Society and NOAA.

Beach Park Heritage Trail Named for Carmen Scott

At the August 14, 2014 meeting of the City Council, the Des Moines Beach Park Heritage Trail was renamed the Carmen Scott Heritage Trail in honor of Carmen's work to research and produce the photographic interpretive trail markers that celebrate the history of our waterfront "The Birthplace of Des Moines!"

Thanks to Carmen, Park visitors can learn more about the many eras of Des Moines and the authentic Swedish church camp buildings identified on markers along the trail located along the Marina's north promenade and throughout the Des Moines Beach Park Historic District.

Carmen has always had an artistic eye for the best photographic shots to portray the beauty of our community. Her work has been used to promote Des Moines regionally in travel magazines and displays for Seattle Southside Visitor Services as well as



for City Currents, Des Moines Beach Park and Marina magazines and displays.

Carmen also spearheaded the Des Moines Legacy Foundation's photographic Calendar and Note Card programs. She contributed her work to raise funds for social programs serving our low-income youth and seniors.

Carmen has proudly served the community for the last 50 years as Historian, Photographer, Des Moines Legacy Foundation Board member and as a staunch supporter of the Des Moines Waterfront Farmers Market and Destination Des Moines.

Travel along the Carmen Scott Heritage Trail at the Des Moines Beach Park or visit the trail at www.desmoinesartscommission.com/heritage-trail.html.

Community Litter Clean Up Event

On September 27, 2014, the City of Des Moines held the first annual Community Litter Clean Up Event, furthering the City Council goal of preserving the livability of our community. The Highline College Women's Soccer Team (pictured with Mayor Kaplan) volunteered, as well as representatives from Destination Des Moines and Mount Rainier High School. In all, there were 58 participants from the community, City staff, and Recology CleanScapes staff. Fifty-three bags of litter, 4 street sweeper loads, and a dump truck of large items were collected from City rights-of-way. Special thanks to Recology CleanScapes for their assistance in event logistics, materials, and staffing and Midway Les Schwab Tire Center for donating the collection bags.



FROM THE CHIEF'S DESK



By Chief Delgado

As the days become shorter, colder, and wetter, many of us are keeping our window coverings closed, and choosing the warmth of our homes over the cold and moist outdoor air. Unfortunately, the season seems to provide greater opportunities for criminals to act. In this month's message, I've asked Community Service Officer Kory Batterman for permission to share a piece he provided the Huntington Park Community back in 2011. The article serves as a reminder of what we can do to stay safe and lessen the opportunities that criminals have to commit crimes. As always, please contact us at your Des Moines Police Department for advice, or with questions you may have. We're here 24/7 to serve you. Stay safe this Holiday Season.

"A Conversation with Des Moines Police" By Community Service Officer Kory Batterman, Huntington Park Community News - November 2011

Last month, I discussed the fact that bad guys ultimately want to be undetected and that they tend to pick locations to commit crime that favor them not getting caught. Because the change of season was upon us, I felt it was important to discuss outdoor lighting and what a major role it plays in reducing your risk of becoming a victim of crime in my first article. I am pleased to hear that after my presentation and article last month, that several of you completed your homework and installed deadbolts on garage doors and retrofitted outdoor lighting. Nice job! Keep up the good work.

*Let's take a step back and discuss the anatomy of crime for a second, which is where I usually start when I'm talking about crime prevention. There are three main factors that need to be present for a crime to occur – The **OPPORTUNITY** to commit the crime; the **ABILITY** to commit the crime; and the **DESIRE** to commit the crime. We call it the Crime Triangle. It's pretty hard for us to have an influence on the bad guy's **DESIRE** to commit a crime, so in crime prevention we focus on reducing the **OPPORTUNITY** and **ABILITY** for bad guys to commit crime...and it's probably easier than you think.*

If Police Officer's received a nickel every time we responded to take a report and heard "I ALWAYS lock my doors...I just forgot this one time" or "I NEVER leave my

*purse in the car, but I was only going to be gone for a second," you'd have a much tanner police force from all the tropical vacations we'd be taking! We hear it all the time. You have to be diligent in your crime prevention efforts, because the one time you present the **OPPORTUNITY** and/or the **ABILITY** for bad guys to commit crime, is most likely the one time you will become a victim. They are looking for you to slip up or get complacent and make it easy for them.*

*Turning your outdoor lights on at night; locking your doors and windows when not in use; not leaving valuables in your car when you are away from it; opening your blinds and curtains during the day; not leaving your car engine running, unattended; making eye contact and waving at cars driving through your neighborhood; and calling 911 immediately when you see suspicious circumstances or people, are just a few simple ways of drastically reducing the **OPPORTUNITY** and **ABILITY** for bad guys to feel comfortable committing crime in your neighborhood.*

Committed to progress,
Chief George Delgado
gdelgado@desmoineswa.gov
Twitter @ChiefDelgado

A VIEW FROM THE BENCH



Perception is often defined as an understanding or awareness of something, a mental impression. How justice is perceived is as important as how it is dispensed. Our system of justice is a true testament to how aspiration to the ideals of

equality and fairness at times conflict with the application of the law. The ideals of equity and fairness lose their luster if they are perceived to be applied arbitrarily. From segregation to internment camps, courts have often stood on the wrong side of history on justice issues, but, more often than not, they have been the place where those without recourse felt vindicated.

Recently, the Washington State Minority and Justice Commission¹ did a study on community perceptions of our justice system as a whole, with a particular emphasis on our criminal justice system, and the results were disheartening. Indeed, while much of the community distrust comes from perceptions of police behavior and encounters, our courts are not insulated from such perceptions. A full 65% of individuals surveyed, across all ethnic groups, believe that race plays a role in whether or not you are found guilty of a crime. More than 40% of the individuals surveyed believe individuals are not treated fairly and equitably within our system of justice. One third of the individuals surveyed believe that the justice system in our state is more equitable than in other states, while a full two-thirds believe it is equal to or less equitable than the justice system in other states.

In August of this year in the town of Ferguson, Missouri, we were witness to the issues that arise when a community lacks faith in their system of justice. While it is easy to dismiss this as an aberration that occurred in this particular community, the above study indicates that this distrust is a problem in our state as well. It is incumbent upon those of us who work within the justice system to work to regain the people's trust. So please consider this my outreach to you. I invite you to come see the work we do in our Municipal Court. I invite you to witness for yourself how decisions are made, how individuals are treated, and how justice is served. While I am ethically prohibited from speaking about specific cases or providing opinions on how I may rule, I am happy to speak about the administration of justice, transparency, and issues that have an impact on our justice system. The decisions of our courts are lent legitimacy by the trust and confidence the people we serve have in our system of justice; and justice, like beauty, is in the eye of the beholder.

Judge Veronica Galvan

¹ Justice in Washington State Survey 2012, Updated 2014
<http://www.courts.wa.gov/>

Coffee With a Cop

Get better acquainted with the Des Moines Police Department by joining us for Coffee with a Cop. No presentations, just the opportunity to sit down and talk with your local police officers.



JANUARY-MARCH 2015

Monday, February 9
11:30am – 12:00 noon
Des Moines Activity Center

Thursday, February 12
8:30am – 9:30am
Judson Park Retirement

Saturday, February 21
10:00am – 11:30am
Chelsea by the Bay Apts.

Monday, March 9
11:30am – 12:00noon
Des Moines Activity Center

Saturday March 14
8:00am – 10:00am
Redondo Safeway

Wednesday, March 25
8:30am – 9:30am
Huntington Park

A current Des Moines pet license is your pet's "phone call home"!

Pet license tags are important, if your dog or cat should run off or become lost, having a current license tag on your pet is the best way to bring him or her safely back home to you! The City of Des Moines police department does pet licensing in Des Moines, that means we have 24/7 access to pet owner information. When your pet is found, we can contact you immediately! Often times we can reunite you with your pet without impounding him or her to a shelter!

All Des Moines dogs and cats over the age of six months **are required** (per DMMC 8.04) to have a current rabies vaccine and be licensed with the City. Failure to do so may result in fines and possible impoundment of your pet. Pet License tags are required to be worn on your pet's collar or harness anytime they are off their own property. Realistically, they should ALWAYS be worn. Often when pets escape and run off, it is from their own home. That is why a tag is so essential. Even indoor-only cats should wear their tag so in the event that they escape and become lost outside, the tag can assist in their return.

Des Moines pet licenses need to be renewed annually. They are valid January through December of each year; however, the City does begin selling the next year's tags in October. Annual dog and cat licenses are \$20 for altered (spayed/neutered) pets and \$60 for un-altered pets, with 50% late fees after March 1, and 100% late fees after May 1. Lifetime licenses are available for senior citizens 65+ who have altered pets. Lifetime licenses are free!

Micro-chips are a great back-up form of identification, and although not required, the City highly recommends that all dogs and cats have a chip, too! Please remember that micro-chips cannot be seen without a scanner/reader, so should NOT be considered a primary form of identification.

Be a responsible pet owner: keep your pets under proper leash control, scoop after your pet, and keep a current pet license on them at all times! We want your pets to be safe at home with you, as much as you do! Thanks!

Master Animal Control Officer Jan Magnuson:
Des Moines Police Department
www.desmoineswa.gov
1900-11 Av S, Des Moines, WA 98198
Desk 206-870-6549
Main 206-878-3301

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HEALTHY DES MOINES!

2016-2021 Parks, Recreation, and Senior Services Master Plan Process Begins

Every six years a Master Plan must be adopted that expresses the community's values and vision for the City's parks, trails and open space; landmarks; recreation facilities and recreation, senior services, arts and culture and human services programs for the near and long term.

To ensure that the City is being responsive to the current needs of the community and pro-active in planning for the needs of future generations it is important to periodically assess how well our community's needs are being met, identify areas that need to be developed, improved or enhanced, and respond to emerging needs as the community grows and changes.

In October the Mayor and City Council appointed a 23 member Ad Hoc Parks, Recreation and Senior Services Master Plan Citizen Advisory Committee with diverse membership from citizen committees, neighborhoods, recreation interests and

user groups to help inform the work. The Advisory Committee will work with staff to host a series of community surveys and workshops beginning in 2015. The Committee will analyze the City's demographic data, park and facility site conditions; participate in visioning activities; and review public feedback regarding recreation needs and make recommendations for future parks and facilities investments to City Council for review and approval upon completion of the work in late 2015. The approved Master Plan will update the City's Comprehensive Plan and Capital Improvement Plan.

Because the Des Moines Pool Metropolitan Pool District's constituents live within the City of Des Moines, the District has joined with the City's planning process to determine its future needs.

A Technical Committee of subject experts representing the City of Des Moines and our partner City of Normandy Park, Highline and Federal Way School Districts, Seattle King County Public Health, Highline



College, Des Moines Pool District, King County Library District and King County Natural Resources will meet as needed to provide input to the plan.

To learn more about the Master Plan process, learn about upcoming meetings and engage in opportunities to provide input, please visit us at: www.desmoineswa.gov/index.aspx?NID=443.

Please like Des Moines Parks, Recreation and Senior Services on facebook: www.facebook.com/desmoinesparksandrecreation.



The Rotary Club of Des Moines presents the 11th Annual Poverty Bay Wine Festival

We are excited to announce the return of the PBWF to the Des Moines Beach Park Auditorium

\$35 advance tickets

\$40 at the door

SPONSORSHIPS STILL AVAILABLE

Email Wayne Corey at wayne@corey.cc

MUST BE 21 TO ATTEND

Friday, March 6
6-11pm
Saturday, March 7
12-10pm

Des Moines
Beach Park

www.povertybaywine.com

Senior Money Project DVD

The Senior Money Project is a FREE DVD provided by Washington State Attorney General Bob Ferguson. This DVD provides three 35 minute presentations; Reverse Mortgages, Scams, and Identity Theft/Estate Planning. The City of Des Moines Senior Services Advisory Committee has hosted each video during the months of September through November. The feedback has been excellent. For your own free copy of this important DVD, go to www.seniormoneyproject.org, or contact: Sue Padden, Des Moines Activity Center (206) 878-1642

Vacancy On City Senior Services Advisory Committee

The City of Des Moines has one vacancy on its Senior Services Advisory Committee. The purpose of the senior services advisory committee is to advise the city council on policy and budgetary subjects related to senior services. The committee term for the vacancy is two years. Committee members may serve a maximum of two full terms. The committee meets approximately six times per year. For more information please contact Sue Padden, Senior Services Manager at 206-870-6584.

Housing Repair Assistance Program

The City of Des Moines is once again providing Minor Home Repair services to City resident homeowners who have met income guidelines set by U.S. Department of Housing and Urban Development (HUD). We provide free repair services to improve the health and safety of our residents as they live in their homes. Money is available to provide needed repairs and maintenance. Each qualifying family will receive up to \$3000 in repairs in a funding year, with a \$5000 limit for a ten year period.

SERVICES PROVIDED INCLUDE BUT ARE NOT LIMITED TO:

- ELECTRICAL** – faulty lights, switches, plugs, circuits or exhaust fans
- PLUMBING** – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- DISABILITY AIDS** – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets.
- SAFETY** – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets
- OTHER** – repair of faulty furnaces, faulty gutters and roof leaks, broken window glass panes

FOR MORE INFORMATION OR TO REQUEST AN APPLICATION:

Call 206-870-6535, or come into City Hall at 21630 11th Ave. S., Ste. D.

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- We help our children reach their potential
- We help our elderly remain active and independent
- Together, we continue Des Moines' legacy as a caring community

Because of You

Contact us to help: www.desmoineslegacy.org • 206.870.6527



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AMENITIES

- 3 Delicious Meals Daily
- Robust Activities and Wellness Program
- 24-Hour Staff Assistance
- Activities and Business Center
- Housekeeping and Linen Services
- Scheduled Transportation
- Whirlpool Spa
- Respite Services
- Hospice Services
- Pets Welcome

Welcome Home

Apartment Homes

Choose from Studios, one-bedroom and two-bedroom apartment homes, each with spacious bathrooms and an emergency communication system for your security.

Memory Care

Responding to growing community needs, construction is underway to offer Today's Memories, our centerpiece of services for those with memory impairment including Alzheimer's disease and other types of dementia. Services will include residential care, adult day care, and adult night specialty programs. Opening Fall 2013!

GREAT LOCATION

Located just a few blocks from Highline Medical Center, shops and restaurants with easy freeway and airport access.

JOIN US FOR LUNCH

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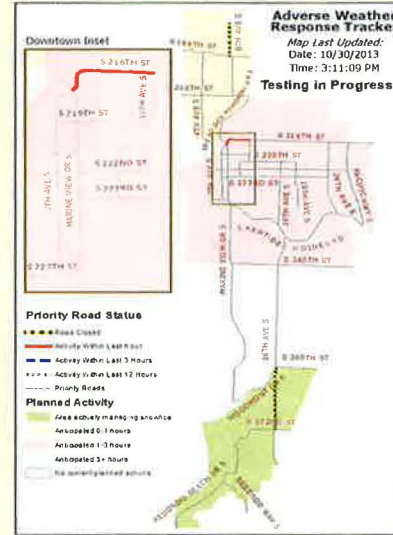


It's That Time of Year

Winter is upon us! With that, the City of Des Moines is preparing for adverse weather. In addition to plow trucks, sanders, and de-icing equipment, the City has prepared the Snow Tracker—a program designed to keep record of the City's response to snow and ice. It will provide the public with vital roadway condition information. Here is what the City's new system can do for you:

- The Snow Tracker is designed to quickly share vital adverse weather information with the public.
- The Snow Tracker provides a map update to the City website every five minutes
- The map can be found here: www.desmoineswa.gov/snow

As the temperature drops and Mother Nature starts thinking of ways to snarl our traffic, take solace in the fact that the City of Des Moines is doing everything it can to keep the roadways open and safe.



Visit the Snow Tracker and be snow ready this winter.

www.desmoineswa.gov/snow

The Scotch and Vine
The Scotch and Vine offers an unsurpassed comprehensive whiskey selection of over 300 labels, along with a variety of world class artisan wines from around the globe.

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Septic System Care

HOUSEHOLD PRACTICES

Keep solids, toxics, oils and grease out of the drain

- ✗ Fats, oils, grease
- ✗ Harsh chemicals or cleaners, liquid drain de-cloggers, paint thinner, excessive bleach
- ✗ Exceeding the label's recommended amount of detergent
- ✗ Bath oils, excessive soaps
- ✗ Old Medications
- ✗ Kitchen scraps, coffee grinds, avoid garbage disposal use
- ✗ Floss, hair, feminine products, condoms, kitty litter
- ✗ Baby wipes, tissue, paper towels, excessive toilet paper

Reduce and control water usage

- ✓ Space loads of laundry throughout the week
- ✓ Fix leaking sinks and toilets
- ✓ Use high-efficiency washers, low-flow toilets and showerheads if possible
- ✓ Don't drain hot tubs into septic tank or onto the drainfield

THE SEPTIC TANK

Perform tank pumping and maintenance

- ✓ Have a state-licensed or Health District-certified service provider inspect your tank at least every three years—some systems require more frequent inspection
- ✓ Learn your system type and maintenance schedule
- ✓ Have your system pumped approximately every three years based on your inspector's recommendation
- ✓ Clean outlet screen yearly (if your tank has one)
- ✓ Keep inspection and maintenance records
- ✗ Additives to "boost function" are not recommended

THE DRAINFIELD

Protect your drainfield and reserve areas

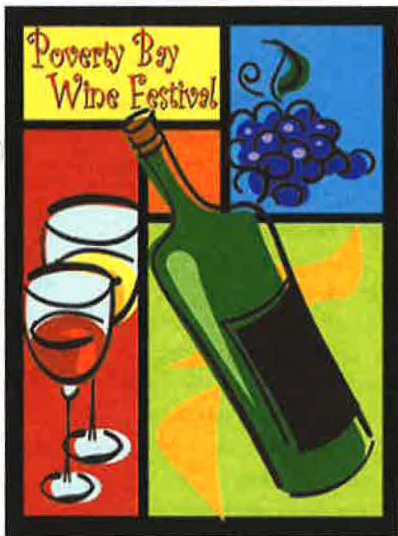
- ✗ No structures, parking, livestock, roof drainage or runoff near the drainfield
- ✗ No irrigation or sprinkler systems near the drainfield
- ✓ Plant only grass or shallow-rooted plants
- ✓ Contact your local health department or health district for a map of your drainfield

Regularly inspect your drainfield

- ✓ Check for odors, wet spots, or surfacing sewage
- ✓ If your drainfield has monitoring ports, check them every few weeks; ports that continually contain over six inches of water could indicate a problem

Puget Sound
 Starts Here

www.pugetsoundstartshere.org



Poverty Bay Wine Festival: The Tradition Continues!

By Ric Jacobson, Des Moines Rotary Poverty Bay Wine Festival Chairman

After a seven year run at the now-closed Landmark Events Center, the Poverty Bay Wine Festival is returning to its roots in the newly remodeled Des Moines Beach Park Auditorium where it all started eleven years ago.

Our first Wine Festival in 2004 was held in an aging building where in prior years we hosted a haunted house. The 2015 event will be held March 6th and 7th in a newly remodeled and beautifully restored historic building providing a fantastic setting for an intimate and entertaining weekend of tasting fine wines.

What will we offer this year?

More than twenty wineries are registered and we'll offer food and some specialty booths, strolling minstrels and engaging but quiet entertainment.

In response to attendee input, the volume will be turned down to allow us to better focus on the wine. The new format will allow all attendees an opportunity to meet the winemakers and learn about the wines that they produce.

The Poverty Bay Wine Festival will continue our tradition of providing a unique opportunity to purchase high-quality wines affordably--by the bottle or by the case--knowing your wine purchases support the many charitable projects of the Des Moines Rotary Club.

Your kind contributions allow us to give back to the community through the many programs we support. The Rotary Club of Des Moines donates 100% of net proceeds from fundraisers back to the community.

Purchase tickets online at www.brownpapertickets.com/event/534511

Dr. Vivian Bae has been serving the Des Moines/Burien area since 2005. As members of the local community, her office is committed to providing personal, high quality dental care to you and your entire family.



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NEWS & NOTES

Des Moines Legacy Foundation Board Vacancies

The Des Moines Legacy Foundation, a 501c3 created in 1999 to support the present and future of parks, recreation and senior services in the Des Moines community, has three vacancies on their board of directors. Terms are three years, with once a month morning meetings. The foundation supports a wide variety of community projects, programs and events. These include park building restoration projects, rotating city public art, the Des Moines Farmers Market, recreation scholarships for low-income youth, the Sonju Community Garden and programs and services for low-income senior adults.

For more information, please call board member Sue Padden at 206-870-6584.

Des Moines Waterland Festival Looking for Volunteers

The 2014 Waterland Festival was a great success and Destination Des Moines is already making plans for next year! Next year's Waterland festival will be held Friday-Sunday July 17-19, 2015 and we're hoping to make it bigger and better than ever.

Of course, in order to do our best job, we need volunteers! We have many opportunities available for the following events:

- . Waterland Parade
- . Kid's Carnival
- . Classic Car Show
- . 5K Fun Run

If you are interested in helping out, please contact Elana Bryan at waterlandfestival@comcast.net or 206-444-5794. Thank you!

Arts and Culture Participation Survey

At the end of July 2014, the City of Des Moines softly launched its Arts and Culture Participation Survey to find out more about the cultural identities and practices of our residents. Special thanks to Recology CleanScapes for the initial support for this idea. The response so far has been very exciting.

In our own words we identify our many cultures and ethnic backgrounds: Scandinavian, Sicilian, East African, Hawaiian, African-American, Peruvian, French, Scottish, and simply, American. We are a city involved in all kinds of creative work to express ourselves as well as for fun and personal enjoyment.

We have great ideas for creating and showcasing our distinctive identity. We encourage you to go online at www.desmoineswa.gov/artssurvey and give us your ideas. The Des Moines Arts Commission and 4Culture have plans to have a community meeting on the compiled results in the Spring.

The online survey will be active through March 31, 2015 and is available in English and Spanish. We want to encourage all members of your household to participate. www.desmoineswa.gov/artssurvey/espanol



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Messiah
Musical Rite of the Holiday Season

Des Moines
Friday, December 5th - 8PM
after Des Moines tree lighting

at Des Moines Beach Park Auditorium
22030 Cliff Ave. S., Bldg. D, Des Moines

Sponsored in part by
City of Des Moines Parks & Recreation Center
at Des Moines Beach Park Events Center

BEACH PARK EVENT CENTER

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Winter Wonders Holiday Concert
Sunday, December 7 - 2PM

Sizzling Swing Time
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Cozy Chamber Concert & Tea
Sunday, March 1 - 2PM

Organ & Symphony Concert at St. Vincent's
Saturday, March 28 - 8PM

Season Finale: Warm Wanderings
Sunday, May 3 - 2PM

SUBSCRIBERS SAVE 30%
Don't Miss a Single Note - Hear Them All for Special Savings!

CULTURE PRAM SHOP KOSTER'S MARKET KUMON CENTER

Fireside Chats 2015

We continue our informative and interesting Fireside Chats at Des Moines Activity Center into the New Year. Local community leaders are invited to the center to answer questions and provide information on their area of expertise and the services they coordinate. Our winter Fireside Chats are as follows.

LEARNING IS FOREVER PROGRAM

Come hear about the newest continuing education courses for older adults in our community. Lisa Meinecke, with Wesley Homes- Des Moines will share with us the new Learning is ForEver program in cooperation with Highline Community College and Des Moines Activity Center.

Tu	Jan 13	11:30am	DMAC	Free
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RECYCLE 101

Join Recology CleanScapes for an informative session on recycling in our community. You'll be surprised at how much you can now recycle, helping to keep our environment clean for future generations.

Tu	Feb 17	11:30am	DMAC	Free
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I NEED TRANSPORTATION!

Need help with local transportation or to medical appointments? Are you 55 or older or have a disability? Visit with Cindy Zwart, Senior Services Transportation Program Director, to learn the choices you have for help with your independence.

Tu	March 17	11:30am	DMAC	Free
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MEDICAL TEAMS INTERNATIONAL MOBILE DENTAL VAN

Volunteers with the Mobile Dental Van in Des Moines will share your options for free and affordable dental care. Applications will be available for the Des Moines monthly mobile dental van funded in part by the Des Moines Legacy Foundation.

Tu	April 14	11:30am	DMAC	Free
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Community Supports Seniors and Youth at 15th Annual Bayside Brunch

For our 15th anniversary of Bayside Brunch—the biggest fundraiser the Des Moines Legacy Foundation hosts for senior and youth programs—it was a THANK YOU to our long time sponsors and attendees. This year's theme, *Because of You*, gave the foundation the opportunity to say thanks for helping us raise over \$400,000 for senior programs and services and \$76,000 for recreation scholarships for low-income youth. As always, Anthony's HomePort, our major and longest partner provided their outstanding executive chef brunch, volunteer waiters and equipment and materials support.

MANY THANKS TO OUR 2014 SPONSORS!

Diamond Sponsors - \$2,000

Budd Gould & Anthony's Restaurants
15 Years
Hunting, Fisher, And Co. P.S., C.P.A's
11 Years

Emerald Sponsors - \$1,500

Snure Law Office, PSC - 15 Years

Sapphire Sponsors - \$1,000

Edward Jones-Doug Myers - 11 Years
Marks And Marks, C.P.A's - 14 Years

Ruby Sponsors - \$500

Masonic Outreach Services - 9 Years
Murray's Carstar Collision - 1 Year
Normandy Park Senior Living - 1 Year
Stafford Healthcare - Des Moines
2 Years
Wesley Homes- Des Moines, LLC
10 Years

Pearl Sponsors - \$250

Comfort Keepers- 4 Years
Northwest Senior Advisors, Inc. - 1 Year
Pac Stainless, Ltd - 11 Years
Sue Padden & Noel Morgan - 11 Years

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DES MOINES ACTIVITY CENTER



FIELD HOUSE GYM



BEACH PARK AUDITORIUM

Our historic, yet contemporary Beach Park Auditorium boasts stained glass windows, a large outdoor patio, and cathedral ceilings. Exposed wood beams enhance the ambiance in true Pacific Northwest style. This facility is equipped with 25 round tables, 13 six foot tables and 250 chairs.

BEACH PARK FOUNDERS LODGE

Nature is ever present in this updated rustic venue spanning the Des Moines Creek. Floor to ceiling windows offer breathtaking views of the Puget Sound and Olympic Mountain Range beyond. Patio doors open directly onto a wraparound deck pouring into the meadow, just feet from the waters edge.

DES MOINES ACTIVITY CENTER

The Activity Center is a true hidden gem that has a charm accentuated by wood flooring, a brick fireplace and stained glass. Opening onto a 50'x50' concrete patio, this venue features a peak-a-boo view of Mt. Rainier and looks to Stephen J. Underwood Memorial Park. The patio is highlighted by the trellised landscaping of Mary's Rose Garden and a running fountain.

FIELD HOUSE GYM

The Field House is a full Log Cabin located in the heart of Des Moines. Generations of memories have been hosted in this venue, including weddings, corporate events, graduations and much more. Its log cabin appeal is enhanced with a full-length decorative stone fireplace, a 19'x16' stage and maple flooring.

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BEACH PARK MEADOW



FIELD HOUSE PICNIC SHELTER



WOOTTON PARK GAZEBO

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Shannon Kirchberg
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skirchberg@desmoineswa.gov
www.beachparkeventcenter.com

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City of Des Moines Parks and Recreation Facilities

Parks & Recreation Offices		Acreage	Facilities / Programs Sites																				
FIELD HOUSE 1000 S 220th Street Des Moines, WA 98198 206-870-6527	ACTIVITY CENTER 2046 S 216th Street Des Moines, WA 98198 206-878-1642		PLAY AREA	BALLFIELDS	RESTROOMS	PICNIC/KICKING	BASKETBALL HOOPS	FISHING/PIER/BOARDWALK	TENNIS COURTS	NATURAL AREAS/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT HOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																					
2	Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0.2																					
3	Cocd Powell Park 250th & 13th Pl. S.	0.2	●																				
4	Des Moines Activity Center 2045 S. 216th Street																						
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
6	Des Moines City Hall 21630 11th Ave S.	N/A																					
7	Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																					
8	Des Moines Marina 2307 Dock Ave. S.	45																					
9	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																					
10	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86	●																				
11	Field House Park/Community Center 1000 S. 220th St.	5.2	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
12	Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2	●																				
13	Midway Park S. 221st & 29th Ave. S.	1.6	●																				
14	Mt. Rainier Pool 22722 19th Ave. S.																						
15	Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1																					
16	Overlook II Park S. 222nd & 5th Ave. S.	0.5																					
17	Parkside Park S. 244th St. & 25th Ave. S.	4.4																					
18	Parkside Wetlands 248th St. & 26th Ave.	14																					
19	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79																					
20	S. 251st Park S. 251st St. and Marine View Dr. S.	5.5																					
21	Sonju Park 24728 16th Ave. S.	9.3																					
22	South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8																					
23	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5	●																				
24	Water Tower Park 208th between 5th & 6th	1.34	●																				
25	Westwood Park 6th Ave. S. & S. 192nd St.	1.34	●																				
26	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																					
27	Yooton Park 3202 S. 9th Ave.	2.3	●																				
28	Zenith Overlook/Beach Access NW corner of S. 239th & Marine View Dr. S.	0.1																					
29	Zenith Park NW corner of S. 240th & 16th Ave. S.	5.5	●																				





SENIOR OUTINGS

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Friday, January 9

Tanaka San-American Asian, Seattle

Friday, February 6

Judy Fu's Snappy Dragon-Mandarin & Szechwan

Seattle

Friday, March 6

Social Bar & Grill, Tacoma

Friday, April 3

British Pantry, Redmond

DAY TRIPS

Explore the Northwest and leave the driving to us!

Snowshoeing at Snoqualmie Pass	Snoqualmie Pass
Wed Jan 7	9am-3pm \$20
Seattle Pinball Museum	International District/Seattle
Thu Jan 15	10:30am-3pm \$25
Blue Iron Ware Tour	Ballard
Wed Jan 21	9:30am-4pm \$10
BCC Planetarium Show & Tour	Bellevue
Wed Jan 28	9:30am-3pm \$30
Carousel, 5th Avenue Theatre	Seattle
Thur Feb 5	6:45-10:30pm \$65
Pompeii, IMAX Theatre	Seattle
Mon Feb 9	9:15am-3pm \$35
Bruce Lee Exhibit, Wing Luke Museum	Seattle
Wed Feb 18	9:15am-3pm \$20
Around the World in 80 Days, Village Theatre	Issaquah
Sat Feb 28	12:45-4:30pm \$73
Log House Museum-Alki	Seattle
Thur March 12	9:30am-4pm \$13
SR99 Tunnel Construction Tour	Seattle
Wed March 18	11am-3pm \$10
Mama Mia, Paramount Theatre	Seattle
Wed March 25	6:15-10pm \$79
Premium Outlet Mall	North Bend
Wed April 8	9:30am-4pm \$9
Working Waterfront Maritime Museum	Tacoma
Wed April 15	9:30am-2pm \$14
Menopause the Musical	Tacoma
Fri April 17	6:15-10:15pm \$56
Wine & Chocolates Tour	Seattle
Wed April 22	9:15-2:30pm \$15
SilverSounds Northwest Concert	Burien
Sun April 26	1:15-4:30pm \$23

REGISTRATION INFORMATION

City of Des Moines Parks, Recreation and Senior Services Department

PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 South 220th Street
Des Moines WA 98198
206-870-6527
TDD Line: 206-824-6024
Fax: 206-870-6587
recreation@desmoineswa.gov
www.recreation@desmoineswa.gov
Hours: Monday – Friday, 8am-6pm

DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216th Street
Des Moines WA 98198
PO Box 98576
206-878-1642
seniors@desmoineswa.gov
www.seniors@desmoineswa.gov
Hours: Monday – Friday, 9am-4pm

Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address. Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

HOW TO REGISTER:

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at www.desmoineswa.gov/recreation/forms

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis.
Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued. Refunds, less a \$10 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. The administrative fee will be waived if you opt for a credit to be used for another course/program. Credits must be used by the close of each calendar year.

HOLIDAY CLOSURES:

Wednesday, Dec. 24, 2014
at 12pm

Thursday, Dec. 25, 2014

Thursday, Jan. 1, 2015

Monday, Jan. 19, 2015

Monday, Feb. 16, 2015

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.



Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report. **School Closed:** All Des Moines Recreation & Senior Services Department programs are cancelled.

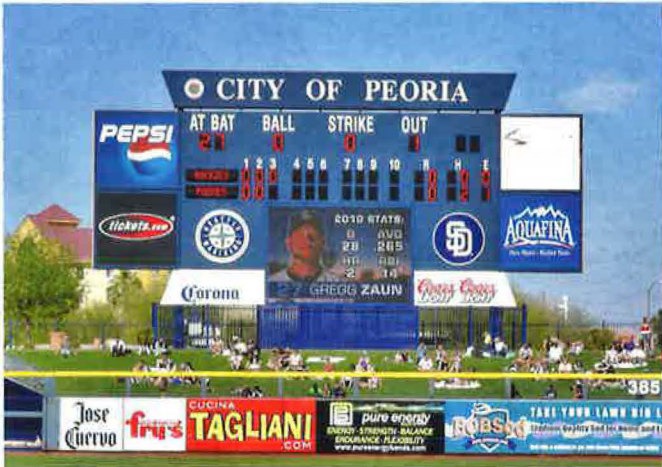
School Open/1-hour Late Arrival: Recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am – call 206-878-1642 for updated information.

School Open/2-hour Late Arrival: All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am – call 206-878-6527 for updated information.

When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.



SENIOR OUTINGS



SAVE THE DATE!

Hosted by the Washington State Association of Senior Centers, flyers will be available at the Des Moines Activity Center soon! Call 206-878-1642 for more details or instructions on how to sign up.

Mariners Spring Training-March 18-25, 2015 **\$1,539.00ppdo**
(Single \$1,939, triple, \$1,439)

Hosted by Catalyst Travel

Your Exclusive Escorted Spring Training Experience Includes:

- Roundtrip air from Seattle to Phoenix
- 7 nights at the Windmill Inn in Sun City West AZ
- Buffet breakfast provided each morning
- 5 game tickets with great seats
- Transportation between airport, hotel, games and group events
- Souvenir baseball cap & shirt
- Party at the pool
- Travel Trip and cancellation insurance

Washington DC – April 1-7, 2015 **\$2,479/double occupancy**

Hosted by Collette Vacations

Enjoy the cherry blossoms as you explore America's Capital. Tour the US Capital Building, World War II Memorial, White House Visitor Center, Mount Vernon, Arlington National Cemetery, Smithsonian Institution, the Washington National Cathedral, Ford's Theatre, Baltimore and Annapolis. Includes 9-meals, flight, hotel stays & transfers and guide.

Shades of Ireland – March 8-17, 2015 **\$3249/double occupancy**

Hosted by Collette Vacations

Take in a vibrant experience that includes traveling the Ring of Kerry coastal route, the Cliffs of Moher, an overnight on a castle-grounds, visiting the Waterford Crystal factory, a jaunting car ride, a farm visit, Dublin, Kikenny, Killarney, Limerick, Galway and Blarney Castle. Includes 13 meals, flight, hotel stay & transfers and guide.

FREE EVENT!

Creating a CARE PLAN for a Loved One with Dementia

EQUIP YOURSELF to roll through life's challenges with the necessary information and resources to address the significant impact of Dementia on you and your family's social and mental wellness, physical health, education and financial resources. **FREE!**

Presenter: David Wolfe, LICSW Geriatric Mental Health Specialist Cascade Behavior Hospital. Offered in partnership with Comfort Keepers.

Monday, February 9 11am-12pm Activity Center

Note: In consideration of your loved ones with dementia, Elder Adult Day Services (EAD) has offered to make it easier for you to attend by offering you the opportunity for your loved ones to attend their program from 10am through 2pm. EAD charges on a sliding scale. Contact EAD as soon as possible to secure a spot and gather information.

ELDER & ADULT DAY SERVICE
816 S 216th Street #1 – on Wesley Campus
425-250-7045 • www.eads-cares.org
Scholarship Assistance – Call 206-878-1642



The Rotary Club of Des Moines presents the 11th Annual Poverty Bay Wine Festival

We are excited to announce the return of the PBWF to the Des Moines Beach Park Auditorium

\$35 advance tickets
\$40 at the door

SPONSORSHIPS STILL AVAILABLE

Email Wayne Corey at wayne@coreycc

MUST BE 21 TO ATTEND

Friday, March 6
6-11pm
Saturday, March 7
12-10pm

Des Moines
Beach Park

www.povertybaywine.com



SENIOR ACTIVITIES



Live Music by Randy Litch

Senior Dance

Dancing stimulates your mind, body and soul! Stafford Healthcare provides hot beverages and a door prize - you bring finger-food refreshments!

Adults of all ages welcome!

\$5

Su	Feb 22	1-3pm	Activity Center
Su	March 22	1-3pm	Activity Center
Su	April 26	1-3pm	Activity Center

Dance for Parkinson's

Do you have a movement disorder?

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary. Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at <http://www.nwpcf.org/Programs.aspx?> or call 1-877-980-7500.

Adults

\$5 Suggested Donation

M	Feb 23-April 13	2-3:30pm	Activity Center
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"Thank you—
we love your
time spent
with us to
help mentally,
physically and
with a loving
spirit!"

-Participant

Mobile Computer Classroom Workshops

King County Library System's mobile computer classroom returns to Des Moines Activity Center with a variety of workshops! Register now, space is limited!

Adults 50+

FREE

How to Use Your Gift

Did you recently receive a _____? (Fill in the blank with I-Pad, Kindle, or other type of E-Reader)

This is your opportunity to learn how to make it work for you! Bring your device and leave class with a little more knowledge than you came with.

W Feb 4 10:30-12pm Activity Center Classroom

Customized Help Session

Sound familiar? I took a class, but now can't remember exactly how to do something.

Take advantage of a 15-minute session to fine tune or clarify how to do something you learned once but haven't used recently. When registering, specify which program and the assistance you need help with such as (Excel/adding cell notes, Word/creating a header, Email/adding attachments, PowerPoint/importing pictures or Publisher/formatting pages.) Bring your portable device loaded with your project.

W March 4 10:30 - 2pm Activity Center Classroom

Blueprint for Living Workshops

A series of workshops and presentations designed to enhance your independence. Presentations are Free unless otherwise noted.

Falls Prevention

Be proactive! Falls are the number one injury of older adults. One out of three people age 65 & better will experience a fall. Helping to prevent falls is not rocket science, a Highline Medical Center physical therapist will address how to reduce your fall risk; simple balance tests; tips for keeping your home safer from falls and cover the #1 Strategy- Physical Activities that help prevent falls!

Adults Age 50+

Free

Tu	Jan 20	11am	Activity Center
Tu	March 10	1pm	Activity Center

AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that crept into your driving pattern.

Upon completion of the course, your certification will get you a discount on your auto insurance (as required by law.) A lunch break provides an opportunity to take advantage of the Nutrition Lunch program. Call 206-878-1642 for details!

Adults Age 50+ \$15AARP Member/\$20AARP Non-member

Feb 17 & 18	10am-2pm	Activity Center
April 14 & 15	10am-2pm	Activity Center

ADULT & SENIOR FITNESS

Zumba

Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits.

Adults \$32R \$37NR 5-class punch card or \$10/drop-in
M Ongoing 6-7pm Field House

Kigong

Regain energy and sense of personal power. Learn how to relax while reducing stress. Improve joint strength, balance and range of movement and work to your own capability. Appropriate for any age. Learn and practice 3 short energy circulation forms. Instructor: Rhonda Allison.

Adults \$36
Th Jan 15-Feb 19 5:30-6:30pm Activity Center
Th March 5 - April 9 5:30-6:30pm Activity Center

Energy Yoga

Release stress and re-direct your energy to gain a sense of well being. Sustained poses and gentle stretches will improve muscle strength, range of motion, balance and stability reaching the deep core muscles that stabilize the spine and increase flexibility. Bring a yoga mat. Instructor: Rhonda Allison.

Adults \$36
Th Jan 15-Feb 19 11am-12pm Normandy Park Comm Ctr
Th March 5 - April 9 11am-12pm Normandy Park Comm Ctr

Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Group Health and Senior Services. Instructor: Mary Brown.

Adults Field House
T/Th/F Jan 6-30 8-9am or 9:30-10:30am \$36
T/Th/F Feb 3-27 8-9am or 9:30-10:30am \$36
T/Th/F Mar 3-31 8-9am or 9:30-10:30am \$39
T/Th/F April 2-30 8-9am or 9:30-10:30am \$39



Adult Men & Coed Softball League

Spring ball is approaching soon! Get to first base with your team and sign up for a 14-game season topped off with a double elimination post season tournament.

Registration Deadline: April 14

Coach's Meeting: April 14

Adults

Fee Information available January 20, 2015

Coed Recreation Division*	Monday evenings	Starts April 27
Men's Recreation Division*	Tuesday evenings	Starts April 28
Coed D/E Division	Wednesday evening	Starts April 29
Men's D/E Division	Thursday evenings	Starts April 30

*no E or D caliber players

Senior Adult Coed Softball

Now recruiting avid softball players for Des Moines' recreational coed softball team! Call 206-878-1642 for details.

Age: 50 & better

Player fee: ranges between \$20-\$40 (determined after the sign-up and sponsor deadline.)

Practices	Tu/Th	April
Games	Tu/Th	May 5- early August
Game Times		10am
Practices & Home Game		Steven J Underwood Memorial Park
Away League Games		Fields throughout King County



ADULT ENRICHMENT

Aviation History- First South Korean Cosmonaut

Yi So-yeon was one of two finalists chosen in 2006 through the Korean Astronaut program. Trained by the Russian Federal Space Agency, she was launched into space on April 8, 2008 on board Soyuz TMA-12 with 2 Russian cosmonauts. Yi So-yeon makes South Korea the third country, after the United Kingdom and Iran to have a woman as its first space traveler. Yi So-yeon formed the International Institute for Space Commerce in 2008 and in 2011 was listed as one of the 15 Asian Scientists to Watch by Asian Scientist Magazine.

Resigning in 2014, this ended the South Korean space program. Yi So-yeon will share her experience training with the Russians, her space science experiments and her adventure in space.

Teens & Adults

T Feb 17 7pm

\$2 suggested donation

Activity Center

American Boating Course

Learn the essential information to operate a boat: boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack-lunch. Fee includes textbook interactive CD and all materials-students are responsible for picking up supplies. Instructors: Poverty Bay Power Squadron.

Ages: 12-Adult

\$35

Feb 21 8am-4pm

Public Works & Parks Service Ctr

March 14 8am-4pm

Public Works & Parks Service Ctr

April 18 8am-4pm

Public Works & Parks Service Ctr

June 6 8am-4pm

Public Works & Parks Service Ctr

Poetry 202

"...it's almost too fierce to endure, the bee nuzzling like that into the blouse of the rose."

Excerpt from Hum by Mary Oliver

Have you always wanted to try your hand at poetry but couldn't quite get it done? Does being a beginner make you hesitant to take a class? If yes, then this class is just for you!

Instructor: Pat Doheny

Adults

\$12

Th Jan 15 & 22 10am-12pm

Wesley Gardens

Creative Writing

Do you have a story to tell? Interested in capturing your family's history? Take advantage of Pat's writing expertise while enjoying a supportive and encouraging environment to keep you going! Beginning and beyond writers are welcome. Instructor: Pat Doheny

Adults

\$54

Th Jan 29 - March 19 10am-2pm

Wesley Gardens

Memoir Writing

Learn to write the story of your life. Join others as you share your life in a supportive environment. Capture your life and the story of how you came to be who you are and where you are today. Instructor: Pat Doheny

Adults

\$43

Th Jan 29-March 19 2-4pm

Wesley Gardens

Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer.

Dogs 4+ months

\$85R \$89NR

Th Jan 8-29 7:15-9:15pm

Field House

Th Feb 5-26 7:15-9:15pm

Field House

Th March 5-26 7:15-9:15pm

Field House

Line Dance

Dancing stimulates your mind, body and soul! Treat yourself to an afternoon of fun and movement sampling old and new line dances. No partner necessary. Instructor: Barbara Cornwall

Adults

\$36

Th Jan 15-Feb 19 2:30-3:30pm

Activity Center

Th March 5-April 9 2:30-3:30pm

Activity Center

LIFE -Continuing Education Classes

Offered through Wesley Homes in cooperation with Highline Community College and Des Moines Activity Center.

Registration: contact Lisa Meinecke, 206-870-8555

Location: Wesley Homes Terrace Classroom

Generational Understandings

Based on Strauss and Howe's book, Generations: The History of America's Future 1584-2069, participants explore their definitions of the various generations and projections for future generation and spend time analyzing the validity of their work through the lens of personal experiences. Instructors: Reverend Dave Ernst and Diane Collier

M Jan 12 - Feb 2 10:45am-12pm

\$30

Colored Pencil Drawing: Coloring Your Vision

Pencil drawing for all ages. Instructor: Marina Megale, Professional Certificate in Natural Science Illustration from UWA extension and a BFA from Cornish Institute, studied at Pratt Institute, New York and California College of Arts and Crafts.

W Jan 14 - Feb 4 9:45-11:45am

\$50 + \$10 supply fee

The Art of Aging Well

Learn to thrive in your later years! Course offers guidelines, encouragement and positive support to seniors and explores questions such as: "Who am I when I am not doing what I used to do? What is my purpose in life and how can I still make a contribution in life?" Facilitated by Roberta McDonald, Highline Community College.

Th Jan 15- Feb 5 2-3:15pm

\$30

Beginning Watercolor

Focus on these subjects: Winter landscape, Hawaiian sunset, Blue Heron and a Sun flower. Instructor: Charlene Burley, retired CPA turned watercolor artist ten years ago.

F Jan 16-Feb 6 10:45am-12pm

\$50

It's ALWAYS



at Mount Rainier Pool

Each summer, hundreds of kids learn to swim at the outdoor pools in our area. But fall comes. Summer is over. And so, many people think, is swimming.

Not at Mount Rainier Pool. We're your year-'round indoor pool.

Kids can continue working on their swimming skills. Parents can frolic with their young ones. And adults can benefit from water aerobic exercise. On even the coldest winter days, our pool is brightly lit, the building is warm, and the water is refreshing.

Like we say:

Summer ain't over until we say it's over!

Visit your indoor public pool today.

*Come chase away
the winter blues
with us!*



www.mountrainierpool.com

206.824.4722



MOUNT RAINIER POOL
22722 19TH AVE S
DES MOINES

FALL/WINTER 2014-2015 SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7:30 am		Lap Swim		Lap Swim		Lap Swim	
7:30 - 8:30 am		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Mount Rainier High School/King Aquatics swim teams
8:30 - 9:30 am		Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	
11 am - 1 pm		Lap/Family swims	Lap/Family swims	Lap/Family swims	Lap/Family swims	Lap/Family swims	
1 - 2:30 pm		Lessons	Lessons	Lessons	Lessons	Lessons	Lap Swim Noon-1 pm
2:30 - 5:30 pm	Available for rentals	Mount Rainier/King Aquatics swim teams	Mount Rainier/King Aquatics swim teams	Mount Rainier/King Aquatics swim teams	Mount Rainier/King Aquatics swim teams	Mount Rainier/King Aquatics swim teams	Open Swim 1-2 pm
5:30 - 7 pm		Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Family Swim 6 - 7 pm	*1 Open Swim (First Saturday only) 2-3 pm
7 - 8 pm		Open Swim	Water Exercise	Open Swim	Water Exercise	Open Swim	Available for rental 2 (3) -10 pm
8 - 9 pm		Lap Swim/Exercise		Lap Swim/Exercise		Lap Swim	

YOUTH ACTIVITIES



YOUTH

Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 8th degree Master
 Fee: all participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional.

Tiny Tigers Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

Ages 3-6

W	Jan 7-Feb 25	4:15-4:45pm	\$85R \$90NR
W	Mar 4-18	4:15-4:45pm	\$35R \$40NR

Tiger Kids Martial Arts & Fitness

Have fun while developing coordination, focus and fitness. Students can progress in belts & learn the simple moves of Taekwondo to the cool moves of Ninja Turtle (Kobudo Weaponry) in a step by step manner promoting confidence & achievement. Bag kicking & Jedi Warrior sparring included for fun.

Grade 1

		4:45-5:25pm	
		4:45-6pm	
W	Jan 7-Feb 25		\$85R \$90NR
W	Mar 4-Mar 18		\$35R \$40NR

Kokondo Martial Arts

Learn basic karate including blocks, kicks and strikes. Emphasis placed on effective street self-defense; you will learn to defend yourself against punches, grabs, chokes, bear hugs and more. Instructor: Gerry Flock

			\$25R \$30NR
W/F	Jan 7-30	5-6:30pm	Field House
W/F	Feb 4-27	5-6:30pm	Field House
W/F	March 4-27	5-6:30pm	Field House

TEEN

Des Moines Youth Council

Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year – such as trips to Wild Waves or Seattle Mariners games.

Enrollment is open and drop-in participation is encouraged. Call in advance to confirm meeting dates. Facilitator: Cassie Swan.

Grades 6-9 **FREE**
 Meets every other Thursday 6pm Des Moines Field House

Teen Dances

Kick it at theme dance parties hosted by Des Moines Youth Council! Theme dance parties feature contests, concessions and dancing. Facilitator: Parks and Recreation staff.

Grades 6-8 – student ID required for admission **\$7**
 February 13 Just Dance 7:30-10pm Field House
 March 13 Neon Glow 7:30-10pm Field House

YOUTH 13-17 yrs TEEN SKIBUS

Friday Nights (starts Jan 9, 2015 - 8 weeks)
 Pick-up locations: (1) Des Moines Field House (2) Burien Community Center

Register and Information: goyeti.org

YOUTH ACTIVITIES

TODDLER/PRESCHOOL

Robyn's Nest Pre-School

Mom and Dad – take a break while your children have a great time learning, playing and meeting new friends under our watchful eye. Activities include arts and crafts, games, songs, puppetry and outdoor fun. Facilitators: Trained Staff w/ CPR/First Aid certification

Ages 3-5			Field House
M/T/W/Th	Jan 5-29	9:30am-12pm	\$120R \$140NR
M/T/W/Th	Feb 2-26	9:30am-12pm	\$120R \$140NR
M/T/W/Th	Mar 2-26	9:30am-12pm	\$140R \$160NR

Indoor Tot Time

Keep your little ones active indoors as the weather turns with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand, join in the fun and watch them make new friends along the way.

Ages 2-5	\$18 10-visit punch card or \$2/drop-in per child		
M/W	January 5 - April 29	10am-12pm	Field House



**Saturday
Dec. 13, 2014**

Des Moines Activity Center

Seating-1
9-10:15am

Seating-2
10:45am-12pm

Children: \$8; Adult: \$4
Age 2 & under: Free

Join us for a delicious pancake breakfast with Santa! Enjoy holiday activities and visit with Santa about holiday wish-lists. A parent or responsible adult must accompany children.

Pre-registration required.

YOUTH SPORTS



LEAGUES

Check out our Early Bird Rates!

The sooner you register the more affordable our youth leagues are...the best deals begin in January 2015!

Spring Youth Recreation Soccer League

Registration starts January 5 and closes February 27.
U6 co-ed 4-5, U8 co-ed 6-7, U10 boys & girls 8-9, birth certificates required. Child's age as of July 31, 2014

March 16-June 6	Des Moines Fields
Jan 5-30	\$60R \$65NR
Feb 2-20	\$70R \$75NR
Feb 23-27	\$80R \$85NR



Tee-Ball / Coach Pitch Coed Leagues

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels

Age 3-5 Tee-ball		Ages 6-8 Coach Pitch	
Jan 5-30	\$60R \$65NR	Des Moines Area Fields	
Feb 2-Mar 31	\$70R \$75NR	Des Moines Area Fields	
April 1-May 15	\$75R \$80NR	Des Moines Area Fields	

Coaches Meetings

Spring Youth Recreation Soccer League		
Tuesday, March 3	6pm	Field House
Tee-Ball/Coach Pitch		
Tuesday, May 19	6pm	Field House

For information about coaching, sponsorship and scholarships please call 206-870-6527!



PTSA Discount

Join your local PTSA and show your 2014-15 Membership Card to receive a 10% discount the first time you enroll your child in a Des Moines Recreation Activity*. Offer valid through the 2014-2015 school year. Call 206-870-6527 for information.

* Excludes one-time events.

CLUB KHAOS

Club KHAOS Kids having an outrageous school year!

Our energetic and dedicated staff will ease you and kids through an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

Grades K-6 M-F Monthly, throughout the school year calendar

Highline School District Sites: Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

Federal Way School District Site: Woodmont Elementary School

Financial Scholarships: See page 2



Wake up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime starts the day just right.

6:30am-school start

Sites	Dates	Fee: Res	Non Res
Highline	January	\$245	\$265
Federal Way	January	\$170	\$190
Highline	February	\$245	\$265
Federal Way	February	\$180	\$200
Highline	March	\$285	\$305
Federal Way	March	\$210	\$230
Highline	April	\$230	\$250
Federal Way	April	\$150	\$170

Drop-in Fee:

Highline Sites	\$15 \$17
Federal Way Site	\$12 \$14

Sunset in KHAOS

Relax knowing your child, fueled with a nutritious snack, will burn off that excess energy absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

School dismissal – 6pm

Sites	Dates	Fee: Res	Non Res
Highline	January	\$270	\$290
Federal Way	January	\$270	\$290
Highline	February	\$265	\$285
Federal Way	February	\$290	\$310
Highline	March	\$305	\$325
Federal Way	March	\$335	\$355
Highline	April	\$250	\$270
Federal Way	April	\$150	\$170

Drop-in Fee:

*Highline Sites	\$15 \$17
Federal Way Site	\$18 \$20
*Highline Sites Early Release Fridays	\$20 \$22

Sunrise to Sunset

Benefit from a worry-free day and a significant fee reduction.

Sites	Dates	Fee: Res	Non Res
Highline	January	\$325	\$345
Federal Way	January	\$340	\$360
Highline	February	\$325	\$345
Federal Way	February	\$360	\$380
Highline	March	\$375	\$395
Federal Way	March	\$420	\$440
Highline	April	\$305	\$325
Federal Way	April	\$300	\$320

Break Time

A solution for school breaks that you don't have! Break Time provides a warm caring and safe environment where friendships flourish and leadership skills blossom participating in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!

6:30am-6:00pm

Day	Dates	District	Camp	Field House	Fee
M	Jan 19	FW&H	MLK Holiday	\$35R	\$37NR
Th F	Jan 29-30	FW	Semester Break	\$60R	\$65NR
M Tu	Feb 16-17	FW&H	Mid Winter Break	\$60R	\$65NR
F	Mar 13	FW&H	Inservice Break	\$35R	\$37NR
M-F	April 6-10	FW&H	Spring Break	\$150R	\$160NR
Th F	April 16-17	FW	Conference Break	\$60R	\$65NR

Winter Break

Highline and Federal Way parents:

It's not too late to register your child for Winter Break's enriching activities while you are at work.

Enroll your child now!

M-F Dec 22-Jan 2 6:30am - 6:00pm

\$240R \$250NR

Enroll Now

FRIENDSHIP FITNESS FUN(D)



Recreation programs provide opportunities for friendship to bloom, wellness to thrive and community bonds to strengthen all under the concept of Fun! Des Moines Parks & Recreation partners with Des Moines Legacy Foundation and Rotary Club of Des Moines to offer **Friendship Fitness Fun(d) Scholarships** for families in need.

Your contribution provides gifts of joy for scholarship recipients and is a long-term investment in our community's well-being. The success is dependent on your ongoing contributions.

TWO WAYS to make a tax deductible contribution to the **Friendship Fitness Fun(d)**:

- ✦ **Make a \$1 or more contribution** each time you enroll in a Parks, Recreation and Senior Services program or schedule a facility or field.
- ✦ **Contribute to Des Moines Legacy Foundation-Youth Scholarship Fund**
Des Moines Legacy Foundation
PO Box 13582 Des Moines WA 98198
www.desmoineslegacy.org

IN NEED OF FINANCIAL ASSISTANCE? Complete a **Friendship Fitness Fun(d) Scholarship** Application. Scholarships are granted on the basis of demonstrated financial need, eligibility requirements and are limited to \$150 per child, per year. 2015 Applications accepted in person during office hours beginning December 15, 2014. For more information call 206-870-6527.



EGGStravaganza

Enjoy a leisurely
EGG-HUNT!

Saturday, April 4, 2015 9-10am
Des Moines Beach Park \$5

Fun Crafts, Activities & Prizes, Photo Opportunities with the Easter Bunny
Children Grade-6 & under
Children under age 5 must be accompanied by an adult

SAVE THE DATE!



Your Guide to Des Moines Parks, Recreation & Senior Services

Rec'n 2011

January - March 2015

**Enjoy Fun,
Friendship &
Stay Fit** pg 6 & 9

**Indoor Gym
Keep tots
busy!** pg 5

**Break Camps
When you don't
get a break!** pg 3



**Congratulations, You're
Engaged! Now What...** pg 13

